

Lesson 10

Water Recreation

What type of water-related activities do you enjoy?
What types of water-related activities are available in the Farmington River Watershed?

GOAL To understand that water activities are recreational but require safety measures

OBJECTIVES

Students will:

- ✓ identify how they have fun in around water
- ✓ think about how they behave in and around water
- ✓ create a poster that increase water safety awareness
- ✓ write a poem or paragraph about the importance of water

MATERIALS

posters, crayons, markers

CORE CURRICULUM CONTENT STANDARDS

- Science 8(6-8)
- Social Studies 9(1,5,6), 11(5,7)
- Art 1(1-4), 2(3), 5(1)

VOCABULARY

safety measures, recreation, awareness

PROCEDURES

1. Begin by asking students if they have opportunities to participate in water-related activities. (*elicit responses, such as fishing, canoeing, water skiing, swimming, etc.*).
2. Have students list all water-related activities in which they participate. Discuss areas they travel to. Inquire about the type of waterways they visit. (*rivers, oceans, lakes*)
3. Have students think of ways they can enhance their visits and/or activities (*safety precautions, bringing friends*).
4. Have students discuss ideas about how they can ensure their safety and the safety of others when participating in a water-related recreational activity. Have students break up into groups, provide them with a water activity idea and have them think of ways they can follow safety measures.
5. Give each group a poster board and instruct them to draw and write this information on the poster as a public service message to the rest of the school. Posters may be displayed in hallways or classrooms.
6. Have students refer back to the waterways map of Farmington River. Instruct them to imagine kayaking, canoeing or fishing in particular areas of the watershed. Are there particular areas they would like to visit? Research what the Farmington River has to offer.
7. Have students research the type of recreational water activities in their town and surrounding area and share results with rest of the class.

EXTENSIONS

1. Have students think of a water activity they have not participated in. Think of reasons why not. Have them establish goals and try it (*under supervision and permission of adult*).
2. Divide students into two groups. Give each group cards with water activities and corresponding safety measures. Take turns acting out the activities, with the other group guessing the action.

GLOSSARY

awareness - having knowledge

recreation - refreshment of one's mind or body after work through activity that amuses or stimulates; play

safety measures - device used to prevent accidents